

FORM 2.5

Executive Skills Questionnaire for Parents/Teachers

Big problem	1
Moderate problem	2
Mild problem	3
Slight problem	4
No problem	5

Item	Score
1. Acts on impulse	_____
2. Gets in trouble for talking too much in class	_____
3. Says things without thinking	_____
TOTAL SCORE:	_____
4. Says, "I'll do it later" and then forgets about it	_____
5. Forgets homework assignments or forgets to bring home needed materials	_____
6. Loses or misplaces belongings such as coats, mittens, sports equipment, etc.	_____
TOTAL SCORE:	_____
7. Gets annoyed when homework is too hard or confusing or takes too long to finish	_____
8. Has a short fuse; easily frustrated	_____
9. Easily upset when things don't go as planned	_____
TOTAL SCORE:	_____
10. Difficulty paying attention; easily distracted	_____
11. Runs out of steam before finishing homework or other tasks	_____
12. Problems sticking with schoolwork or chores until they are done	_____
TOTAL SCORE:	_____
13. Puts off homework or chores until the last minute	_____
14. Difficulty setting aside fun activities in order to start homework	_____
15. Needs many reminders to start chores	_____
TOTAL SCORE:	_____
16. Trouble planning for big assignments (knowing what to do first, second, etc.?)	_____
17. Difficulty setting priorities when has a lot of things to do	_____
18. Becomes overwhelmed by long-term projects or big assignments	_____
TOTAL SCORE:	_____

(continued)

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Item	Score
19. Backpack and notebooks are disorganized	_____
20. Desk or workspace at home or school is a mess	_____
21. Trouble keeping bedroom or locker tidy	_____
TOTAL SCORE: _____	
22. Has a hard time estimating how long it takes to do something (such as homework?)	_____
23. Often doesn't finish homework at night; rushes to get it done in school before class	_____
24. Slow getting ready for things (e.g., appointments, school, changing classes?)	_____
TOTAL SCORE: _____	
25. If the first solution to a problem doesn't work, has trouble thinking of a different one	_____
26. Resists changes in plans or routines	_____
27. Has problems with open-ended homework assignments (e.g., doesn't know what to write about when given a creative writing assignment?)	_____
TOTAL SCORE: _____	

High School Students Only

28. Lacks effective study strategies	_____
29. Doesn't check work for mistakes even when the stakes are high	_____
30. Doesn't evaluate performance and change tactics in order to increase success	_____
TOTAL SCORE: _____	
31. Can't seem to save up money for a desired object; problems delaying gratification	_____
32. Doesn't see the value in earning good grades to achieve a long-term goal	_____
33. Seems to live in the present	_____
TOTAL SCORE: _____	

		KEY	
Items	Executive Skill	Items	Executive Skill
1-3	Response inhibition	4-6	Working memory
7-9	Emotional control	10-12	Sustained attention
13-15	Task initiation	16-18	Planning/prioritization
19-21	Organization	22-24	Time management
25-27	Flexibility	28-30	Metacognition
31-33	Goal-directed persistence		

Child's Executive Skills Strengths

Child's Executive Skills Weaknesses
